



Discover Wellness

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## Our product line

[products](#)



Cardio



Strength



Kinesis



Flexability



Group movement

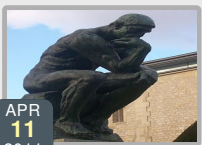


Wellness Tools

## Wellness Blog

## Why Technogym

## Latest news



APR 11 2011

### Intensity

Intensity is understood as organic and muscular engagement compared to the maximum possible performance (quality): ...

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### Why Technogym

Helping people to live better is our Mission We think, plan and realize innovative systems for both a physical and psychological Well-being and for the improvement of people's quality of life, through physical activity, a good diet and correct habits, ...

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### Web Business Area: business tools

4/27/2011

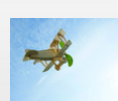
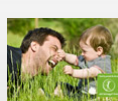
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### mywellness coach solution: become your clients' lifestyle coach

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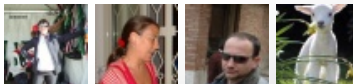
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